

## You have the right to receive a "Good Faith Estimate" explaining how much your medical care will cost.

Under the law, health care providers, including therapists, need to give **clients who do not have insurance or who are not using insurance** an estimate of the bill for medical items and services.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- For clients who do not have insurance or who are not using insurance, Rockbridge Therapy and Assessment will provide a Good Faith Estimate in writing at least 1 business day before your scheduled session.
- You can also ask Rockbridge Therapy and Assessment, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit <a href="https://www.cms.gov/nosurprises">www.cms.gov/nosurprises</a> or call the No Surprises Help Desk at 1-800-985-3059.

This notice is intended to be a brief summary of the No Surprise Act as it relates to client rights. For more detailed information and additional resources, visit: https://www.cms.gov/nosurprises/policies-and-resources/overview-of-rules-fact-sheets